

Two Educational Opportunities:

11th Annual Erik Lie-Nielsen Geriatrics Symposium and Practice Issues in Primary Care / Family Medicine Residency Reunion

April 22–23, 2016

Embassy Suites
460 N. Cherry St.
Winston-Salem, NC

Program Overview

The Department of Family and Community Medicine is delighted to offer learners two educational opportunities: the 11th Annual Geriatrics Symposium and Practice Issues in Primary Care Conference. Both of these activities have been designed to provide the learner with current information on the prevention and treatment of a variety of disease states.



Register online at northwestahec.org

Day One: Erik Lie-Nielsen Geriatrics Symposium

Target Audience

Day one of this program is planned for physicians in family and community medicine, internal medicine and geriatrics, physician assistants, nurse practitioners, pharmacists, nurses, psychologists, social workers, nursing home administrators, allied health professionals and all other interested health care professionals working with geriatric patients.

Upon completion of the activity, participants should be better able to:

- Review pertinent literature in geriatric clinical practice.
- Describe important risks and effective prevention strategies for reducing falls.
- Discuss strategies for preventing or recovering from Caregiver Compassion Fatigue.
- Identify effective treatment options for leg venous ulcers and the importance of wound bed preparation.
- Describe the opportunities and process to improve patient outcomes, revenue and satisfaction using new Chronic Care Management Codes from Medicare (tools included).
- Discuss implications for managing hypertension in the older adult, with focus on outcomes of the SPRINT.
- Describe evolving approaches to advanced care planning and tools to facilitate patient wishes.
- Describe the spectrum of work stressors and implications on job satisfaction and retention in long-term care.
- List and discuss new medication injection alternatives in diabetes appropriate for older patients.
- Discuss treatment options and advances in management of osteoporosis.
- Review normal aging in contrast with cognitive impairment/dementia, summarize screening/diagnosis of dementia in context of most common subtypes, and briefly present updates in imaging and management of dementia.

continued ►

Credits

- 6.5 Contact Hours from Northwest AHEC
- 0.6 CEUs from Wake Forest School of Medicine
- This Live activity, 11th Annual Erik Lie-Nielsen Geriatrics Symposium, with a beginning date of 04/22/2016, has been reviewed and is acceptable for up to 6.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for 6.5 Contact Hours with the Adult Home Care Continuing Education Program.
- Application has been submitted for approval of 6.5 Contact Hours with the North Carolina State Board of Examiners for Nursing Home Administrators.
- 6.5 Continuing Nursing Education (CNE) Contact Hours
Northwest Area Health Education Center (NWAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
(#AP006-160422)
Participants must attend the entire activity and complete the online evaluation to receive credit. NO partial credit will be awarded.
- This program will provide 6.5 contact hours of continuing pharmacy education credit.

ACPE #: 0046-9999-16-047-L01-P

The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

AHEC Faculty Coordinator:
Sheila Bogan, MPH, MCHES
Dental and Pharmacy Coordinator
Northwest AHEC



No partial credit will be offered for this program.

Continuing Education Credit: To receive CE credit, participants must preregister and acknowledge their attendance by signing in at the beginning of the program. Participants must attend 100 percent of the program and participate in learning activities. Statements of credit can be viewed and printed from CPE Monitor.

Important new requirement from the Accreditation Council for Pharmacy Education (ACPE) and the National Association of Boards of Pharmacy (NABP) for all pharmacists and technicians who obtain CPE credit. The CPE Monitor system will securely track all your completed CPE credits in a central system. Learn about the new requirement at www.nabp.net.



Jointly provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest School of Medicine and part of the NC AHEC System and the University of North Carolina Eshelman School of Pharmacy.



**THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL**

Faculty

Mark Andrews, MD

Associate Professor
Director, Procedural Training
Family and Community Medicine
Wake Forest School of Medicine

Christina M. Clarke, MS, HS-BCP

Coordinator, Continuing Medical Education
Northwest Area Health Education Center
Wake Forest School of Medicine

Mark Corbett, MD

Associate Medical Director
Hospice and Palliative Care Center

Deborah Dirkse, MHA, CPHQ

Quality Improvement Consultant
Northwest Area Health Education Center

Julienne K. Kirk, PharmD, CDE, BCPS

Professor, Family and Community Medicine
Wake Forest School of Medicine
Joslin Diabetes Center
Wake Forest Baptist Health

Emily Mann, MD

Assistant Professor
Family and Community Medicine
Director of Residency Geriatric Curriculum
Wake Forest School of Medicine

Kate Mewhinney, JD

Clinical Professor, Wake Forest University
School of Law
Certified Specialist in Elder Law by the N.C.
State Bar and the National Elder Law Foundation

Andrew Ow, MD

Geriatric Fellow
Gerontology and Geriatric Medicine
Wake Forest School of Medicine

Sarah Redding, MD

Community Physicians
Family and Geriatric Medicine — Peace Haven
Wake Forest School of Medicine

John G. Spangler, MD

Professor
Family and Community Medicine
Wake Forest School of Medicine

Julie A. Williams, MD, MS

Assistant Professor
Gerontology and Geriatric Medicine
Wake Forest School of Medicine

Agenda

Friday, April 22, 2016

- 7:30 am **Registration / Continental Breakfast**
- 8 am Clinical Pearls/Best Geriatric Articles of 2015-2016 — **Mark Corbett, MD**
- 9 am Geriatric Fall Prevention — **Sarah Redding, MD**
- 10 am **Break and Exhibits**
- 10:15 am **Morning Breakout Sessions**
 - Caregiver Compassion Fatigue — **Christina Clarke, MS, HS-BCP**
 - Chronic Wound Care Management — **Mark Andrews, MD**
 - Implementing and Getting Paid for Medicare Chronic Care Management — **Deborah Dirske, MHA, CPHQ**
- 11 am Hypertension Management in the Age of SPRINT — **Julie Williams, MD, MS**
- Noon **Lunch and Exhibits**
- 1 pm **Afternoon Breakout Sessions**
 - Advance Directive Planning:
 - Medical, Legal and Ethical Dimensions — **Kate Mewhinney, JD**
 - Stress and Job Satisfaction in Long-term Care — **Andrew Ow, MD**
 - Injectable Options in Diabetes — **Julie Kirk, PharmD, CDE**
 - Osteoporosis Update: Navigating Rx Options — **John Spangler, MD**
- 2:45 pm **Break and Exhibits**
- 3 pm Dementia: A Broad and Practical Overview — **Emily Mann, MD**
- 4 pm Adjourn and Exhibits
- 5:30 pm **Primary Care Reception/Family Medicine Resident Reunion (former residents and providers, all are welcome!)**

Day Two:

Practice Issues in Primary Care / Family Medicine Residency Reunion

Target Audience

Day two of this program is planned for primary care and family practice providers.

Upon completion of the activity, participants should be better able to:

- Describe how behavioral health can be integrated into family medicine primary care.
- Review old and new approaches to common problems of outpatient family medical care.
- Discuss new pharmacotherapy treatment regimens, including recommended guidelines in diabetes.
- Review and apply techniques of RF equipment for office-based practice.
- Relate processes of addiction illness that occur in daily family medicine practice.
- Discuss the relevance of anxiety disorders, including treatment and impact on daily functioning.

Credits

- 4.0 Contact Hours from Northwest AHEC
- 0.4 CEUs from Wake Forest School of Medicine
- This activity is acceptable for 4.0 Contact Hours with the Adult Home Care Continuing Education Program.
- Application has been submitted for approval of 4.00 Contact Hours with the North Carolina State Board of Examiners for Nursing Home Administrators.
- This Live activity, Practice Issues in Primary Care, with a beginning date of 04/23/2016, has been reviewed and is acceptable for up to 4.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This program will provide 4.0 contact hours of continuing pharmacy education credit.

ACPE #: 0046-9999-16-048-L01-P

The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

AHEC Faculty Coordinator:

Sheila Bogan, MPH, MCHES

Dental and Pharmacy Coordinator

Northwest AHEC



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Faculty

Mark Andrews, MD

Associate Professor
Director, Procedural Training
Family and Community Medicine
Wake Forest School of Medicine

David S. Jackson, MD

Associate Professor Emeritus
Family and Community Medicine
Wake Forest School of Medicine

Julienne K. Kirk, PharmD, CDE, BCPS

Professor, Family and Community Medicine
Wake Forest School of Medicine
Joslin Diabetes Center
Wake Forest Baptist Health

Mark Knudson, MD

Professor, Vice Chair
Family and Community Medicine
Wake Forest School of Medicine

Michael Leone, MSW, LCSW, LCAS

Family and Community Medicine
Wake Forest School of Medicine

Richard Lord, MD

Professor and Chairman
Family and Community Medicine
Wake Forest School of Medicine

Gail S. Marion PA, PhD

Professor, Family and
Community Medicine
Wake Forest School of Medicine

Laura Sudano, PhD, LMFT

Family and Community Medicine
Director of Behavioral Sciences
Wake Forest School of Medicine

Agenda

Saturday, April 23, 2015

7:30 am **Registration / Continental Breakfast**

8 am Introduction—**Richard Lord, MD**

8:15 am Clinical Pearls in Family Medicine—**David Jackson, MD**

9 am Integrating Behavioral Health into Primary Care—**Gail Marion, PA, PhD, and Laura Sudano, PhD**

9:45 am **Break and Exhibits**

10 am **Breakouts**

Diabetes Pharmacotherapy Update: What's New or Improved—**Julie Kirk, PharmD, CDE**

Radio Frequency (RF) Surgery for the Family Physician—**Mark Andrews, MD**

Addiction Illness Realities—**Michael Leone, MSW, and Laura Sudano, PhD**

11:30 am Anxiety Disorders: Effective Treatment Strategies—**Mark Knudson, MD**

12:30 pm **Closing**

Location

Embassy Suites Winston-Salem

460 N. Cherry St., Winston-Salem, NC 27101

336-724-2300

www.embassysuiteshotel.com



[> Click Here for
Lodging Info](#)

Cost and Registration

Fee for both days for Physicians—\$199 / Non-physicians, \$125 (Limited Time Only Price for both days expires April 10, 2016)

Friday only, Physicians—\$140 / after April 10, 2016, \$170

Friday only, Non-physicians—\$95 / after April 10, 2016, \$125

Friday Primary Care Reception/Family Medicine Resident Reunion (former residents and providers, all are welcome!)—\$25 / plus one \$50

Saturday only, Physicians—\$95 / Non-physicians—\$65

Registration fee includes instructional and administrative costs, certificate of completion, program materials, and continental breakfast and lunch.

Register and pay online at northwestahec.org or complete and return the attached registration form by mail or fax. Payment by credit card (Visa, MasterCard, American Express), cash, money order, personal check or corporate check is accepted.

Payment Policy:

Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If the corporate payment has not been received two weeks post activity, your personal credit card or check will be charged or cashed. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

Refund Policy:

Cancellations received in our office at least two days prior to the activity will result in a charge of \$50, or 30 percent of the paid registration fee, whichever is less. The registration fee will not be refunded if a cancellation is received less than two days before the activity. You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, food, equipment, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

If you have not received confirmation of your registration 24 hours before the program date, please call Michelle Adams at 336-713-7726 or emailing micadams@wakehealth.edu to verify the status of your registration.

Note— Registering for and attending this program authorizes Northwest AHEC/Wake Forest School of Medicine to take pictures to be used for the Center's publications, website (including social media sites) and presentations. If you do not wish to be photographed, you may opt out of photographs the day of the activity.

Handouts

Handouts will not be printed for this activity. Handouts will be available online at the Web address below on Monday, April 18, 2016, after 4 pm. Login under "My CE Profile," and click on this event title. You may access handouts for up to two weeks following the conclusion of this activity.

► www.nwahec.org/47916

For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Michelle Adams at least five working days prior to the activity by calling 336-713-7726 or emailing micadams@wakehealth.edu.

Registration Form

11th Annual Erik Lie-Nielsen Geriatrics Symposium and Practice Issues in Primary Care

Please select registration fee:

- ☐ Fee for both days for Physicians—\$199 / ☐ Non-physicians, \$125
(Limited Time Only Price for both days expires April 10, 2016)
- ☐ Friday only, Physicians—\$140 / after April 10, 2016, \$170
- ☐ Friday only, Non-physicians—\$95 / after April 10, 2016, \$125
- ☐ Friday Primary Care Reception/ Family Resident Reunion—\$25 / ☐ plus one \$50
- ☐ Saturday only, Physicians—\$95 / ☐ Non-physicians—\$65

Register online at **northwestahec.org**

Register and pay online at northwestahec.org or complete and return this form. Payment by credit card (Visa, MasterCard, American Express), cash, money order, personal check or corporate check is accepted.

Name _____

Profession _____ Degree/Credentials _____

Job Title _____ Last 4 digits of SS # _____

Employer _____

Contact Method: ☐ Mail Only ☐ Email Only ☐ Both

Mailing Address (☐ Home / ☐ Office)

City _____ State _____ Zip _____

Cell Phone _____ Email _____

Payment Method:

☐ Cash Amount Enclosed _____

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Make check payable to: Wake Forest School of Medicine

☐ Credit Card ☐ Visa ☐ MasterCard ☐ American Express

Card # _____ Exp. Date _____

Name on Card (print) _____

Billing Address _____

Signature _____

Mail to

Northwest AHEC \ Wake Forest School of Medicine
Medical Center Boulevard \ Winston-Salem, NC 27157-1060
Attention: Michelle Adams
or fax to: 336-713-7701

ACPE Credit (Pharmacy only)

NABP # _____

Pin (mmdd of birthday) _____



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